

# FOLK ART AT THE LAKES 2026 CRAFT WORKSHOPS



Photograph by Martin Unrue, Photography Instructor

# TABLE OF CONTENTS

Welcome	<u>2</u>
2026 Workshop Schedule	<u>3</u>
Pricing Information	<u>4</u>
Policies & Procedures	<u>5-6</u>
Basketry	<u>7</u>
Basketry (Ribbed)	<u>7</u>
Blacksmithing	<u>7</u>
Clay Sculpting	<u>8</u>
Creative Writing	<u>8</u>
Crocheting	<u>9</u>
Old Time Fiddle	<u>9</u>
Autoharp	<u>9</u>
Bowed Psaltery	<u>9</u>
Mountain Dulcimer	<u>9</u>
Ukulele	<u>10</u>
All Instruments	<u>10</u>
Natural Dyeing	<u>10</u>
Needle Felting	<u>11</u>
Origami	<u>11</u>
Oil Painting	<u>11</u>
Watercolors	<u>12</u>
Photography	<u>12</u>
Quilt Prints	<u>12</u>
Quilting	<u>13</u>
Stained Glass	<u>13</u>
Soft Soldering Jewelry	<u>14</u>
Tinsmithing	<u>14</u>
Woodcarving	<u>14</u>
Woodturning	<u>14</u>
Supply Lists	<u>15-16</u>
Registration Form	<u>18</u>

# WELCOME TO CEDAR LAKES!

## FOLK ART AT THE LAKES ARTISAN WORKSHOPS

---

Over time, many heritage crafts faded from popularity among younger generations, but a renewed interest in ancestral wisdom is bringing them back to life. Today's youth are eager to learn homesteading skills like canning, baking, and sewing, while also embracing traditional handicrafts such as knitting, crocheting, and quilting. These abilities were once essential for survival, yet rapid technological advances have reduced our reliance on them. As industrialization distanced us from the hands-on practices that shaped our world, a new generation is now seeking to reconnect with and reclaim those meaningful skills.

At Cedar Lakes, we have always been committed to safeguarding these traditions and have cultivated a destination that honors heritage crafts. Our workshops offer more than the chance to learn a new skill; they provide an opportunity to connect with our past while shaping the future. Our classrooms challenge and refine technique, while our campus nurtures the spirit. Our instructors are dedicated to mentoring their students, and our participants become a part of a living tradition, one that will be carried forward to future generations.

We believe it is our responsibility to provide guests of all ages with the opportunity to grow in wisdom, skill, knowledge, and stewardship. These crafts are a gift meant to be shared across generations, and Cedar Lakes is proud to serve as a bridge between them. In our commitment to be a leader in revitalization, we are offering new courses that highlight those essential skills that reconnect to us to our past.

Looking toward the future, we invite artisans of every age to join us in preserving our proud Appalachian heritage, celebrating the traditions that define us and carrying forward the handmade skills that have endured. As a student of our Folk Art at the Lakes program, you are a part of this living history.

Jennifer Groves, Program Coordinator

---

## WHAT'S HAPPENING AT THE LAKES?

---

In January 2026, we officially launched our newly redesigned website. This new website has been updated to give all the information our guests need before planning their stay with us. From group reservations to our Craft Workshops, all new content has been added to enhance our guests' experience.

Looking for more information about a class? Check out the **Craft Workshops** section under **Activities**. Want to know when the next event is? Look under **Groups → Group Events**, or for our in-house programs, **Activities → Events** at Cedar Lakes. And make sure you subscribe to our monthly Email Newsletter. All events, activities, and updates are included, keeping you in touch with what's happening *At The Lakes*...



# 2026 ARTISAN WORKSHOPS SCHEDULE

## MARCH 30-APRIL 3 (WEEK)

- Autoharp – Tish Westman
- Clay Sculpting – Samantha Taylor
- Old Time Fiddle – Dave Bing
- Quilting – Jackie Milliken
- Stained Glass – Stephanie Danz
- Woodturning – Harry Newman

## APRIL 20-24 (WEEK)

- Blacksmithing – Michael Young
- Creative Writing – Colleen Anderson
- Mountain Dulcimer – Tish Westman
- Needle Felting – Debbie Martzall
- Stained Glass – Stephanie Danz
- Watercolors – Jerre Watkins
- Woodturning – Larry Weese, Jr.

## MAY 4-8 (WEEK)

- Basketry – Elaine Sinclair
- Oil Painting – Samantha Taylor
- Quilting – Kathy Schaller Saunders
- Soft Soldering Jewelry – Stephanie Danz
- Woodturning – Larry Weese, Jr.

## BOWED PSALTERY SYMPHONY

- **May 7th – Symphony at Assembly Hall**

## AUGUST 17-21 (WEEK)

- Bowed Psaltery – Tish Westman
- Clay Sculpting – Samantha Taylor
- Quilt Prints – Tone Haugen-Cogburn
- Ribbed Baskets – Debbie Martzall
- Stained Glass – Stephanie Danz
- Tinsmithing – Jeff Leister
- Woodturning – Harry Newman

## AUGUST 28-30 (WEEKEND)

- Basketry – Elaine Sinclair
- Crocheting – Jeannine Sandora
- Oil Painting – Samantha Taylor
- Origami – Colleen Anderson
- Photography – Martin Unrue
- Quilting – Jackie Milliken
- Ukulele – Tish Westman

## SEPTEMBER 7-11 (WEEK)

- Bowed Psaltery/Mountain Dulcimer – Tish Westman
- Natural Dyeing – Kate McComas
- Ribbed Baskets – Debbie Martzall
- Stained Glass – Stephanie Danz
- Tinsmithing – Jeff Leister
- Watercolors – Debbie Lester
- Woodcarving – Bob Barris
- Woodturning – Harry Newman

## OCTOBER 26-30 (WEEK)

- All Instruments – Tish Westman
- Blacksmithing – Michael Young
- Creative Writing – Colleen Anderson
- Needle Felting – Debbie Martzall
- Stained Glass – Stephanie Danz
- Tinsmithing – Jeff Leister
- Watercolors – Debbie Lester
- Woodcarving – Bob Barris
- Woodturning – Larry Weese, Jr.

# PRICING INFORMATION

## FEES/TUITION, MEALS & LODGING

---

- A **\$100 non-refundable deposit** is required at the time of application for each class.
  - The balance of the fee is payable 30 days prior to the first day of scheduled class.
  - The workshops and seminars are offered with special package costs that include instruction, meals, and lodging.
  - The package costs for the classes are noted: (C) commuter with no meals; (D) dormitory accommodations with meals; (S) semi-private 2 people per room with meals; and (P) private accommodations with meals.
  - Please note certain weeks, room availability may be limited.
  - Cedar Lakes does not assign roommates for semi-private rooms.
  - Package meals for the weekend classes begin with breakfast on Saturday and end with bagged lunch on Sunday (pick up with breakfast).
  - Meals for weeklong classes begin with breakfast on Monday and end with bagged lunch on Friday (pick up with breakfast).
  - Commuters may add meals to their reservation, if so desired, but are not required.
  - For weeklong classes, a Meet & Greet will be on Sunday at 7:00 pm in the Holt Lodge Meeting Room.
- 

## RATES

---

- **Week Workshops**
    - Commuter: \$254.40
    - Dorm: \$477.00
    - Holt Lodge (Semi-Private): \$630.70
    - Holt Lodge (Private): \$879.80
  - **Weekend Workshops**
    - Commuter: \$159.00
    - Dorm: \$241.68
    - Holt Lodge (Semi-Private): \$303.16
    - Holt Lodge (Private): \$402.80
  - **Old Time Fiddle ONLY (March 30 - April 3)**
    - Mountaineer (Private): \$832.10
    - Mountaineer (Semi-Private): \$606.85
    - Mountaineer (Dormitory): \$477.00
  - Dormitory lodging does not include sheets, blankets, or towels. Sheets and towels are available to rent for \$5.00 per guest. Blankets are available to rent for additional \$5.00.
    - Additional lodging options may be available. Please inquire with the Program Coordinator.
- 

## HOURS

---

- **Week Workshops**
    - Monday through Thursday, 8:30 AM to 4:30 PM. Friday 8:30 AM to 1:00 PM.
  - **Weekend Workshops**
    - Begins Friday 6:00 PM. Runs through Sunday at 3:00 PM.
- 

## WORKSHOP SUPPLY LISTS/FEES

---

- Some workshops will have a supply list or supply fee to cover the cost of materials. Please see the course descriptions for course requirements. Supply lists are provided on pages 15-16. All supply fees are paid directly to the instructor.

# POLICIES & PROCEDURES

## REGISTRATION:

---

- Class size is limited to maximize the learning opportunity—apply early to insure your place.
  - These workshops are available without regard to race, national origin, sex or handicap.
  - If the minimum enrollment is not met two weeks prior to the date of the class, the workshop could be cancelled and students offered alternate classes or a full refund.
  - Full payment of the class is due 30 days prior to the start of the class.
  - A \$15 fee will be charged for any returned checks.
  - If students do not receive a confirmation from Cedar Lakes staff, they must follow up to guarantee their registration was received.
  - **Cedar Lakes will not accept phone registrations. All registrations must be submitted via a registration form either through mail, email or online.**
  - ALL registrations will receive an email confirmation from Cedar Lakes confirming the receipt of the registration and deposit. If you do not receive a confirmation, please contact the Program Coordinator immediately.
  - Cedar Lakes is not responsible for lost or incomplete registration forms.
- 

## DEPOSITS:

---

- All classes will have a **\$100 non-refundable deposit\***.
  - Deposit must be submitted with the registration form, or a credit card may be taken over the phone.
  - Because some classes may have waiting lists, students will not be enrolled until the full amount of deposit and registration form are received. Cedar Lakes does not guarantee enrollment in classes unless confirmed by the Program Coordinator.
  - **All confirmed enrollments will receive a confirmation from Cedar Lakes.**
- 

## ACCOMMODATIONS:

---

- Cedar Lakes staff will make every attempt at accommodating special requirements for our guests, within reason.
  - If you have any special accommodations, such as mobility or dietary requirements, please contact Cedar Lakes prior to your arrival.
- 

## CANCELLATIONS:

---

- We appreciate your understanding of our cancellation policies and willingness to abide by them. Because these classes require out-of-area travel for many of our instructors and students, we ask that you please help us to avoid unnecessary cancellations.
- Minimum enrollment must be met for classes to proceed, and late cancellations can often result in a class cancellation.
- Because of the costs associated with Cedar Lakes staff and instructors' time, transportation and materials, **deposits will be non-refundable in all circumstances except emergency situations\***.
- Any deposits applied for a class that is cancelled by Cedar Lakes will be refunded in full or transferred to an alternate class, at the student's discretion.
- Any outstanding deposits at the end of the year will be returned to the student using the original payment method.

# POLICIES & PROCEDURES

## REFUNDS:

- All payments received (**excluding the \$100 non-refundable deposit**) are eligible for a refund if notice is received 30 days prior to the beginning of the class.\*
- If notification is not given 30 days prior, the remaining deposit can be rolled over to a future class.\*
- A complete refund will be made if Cedar Lakes is required to cancel a workshop due to insufficient enrollment. The student also has the option to transfer to another workshop or roll the deposit over to a future workshop.

## \*EXCEPTIONS:

- Emergency situations are the only exceptions to these policies and are at the discretion of the Program Coordinator. If you are unsure if you meet this criteria, please contact the Program Coordinator at 304-372-7860.

## HOW TO REGISTER:

- Fill out the Registration Form on page 18 and mail or email back to us at [cedarlakesinfo@wvda.us](mailto:cedarlakesinfo@wvda.us).
- Call our office at 304-372-7860 to request a form to be sent to you.
- Email us at [cedarlakesinfo@wvda.us](mailto:cedarlakesinfo@wvda.us) to request a form to be sent to you.
- Apply online at [www.cedarlakes.com/activities/craft-workshops/](http://www.cedarlakes.com/activities/craft-workshops/).
- **Phone registrations will no longer be accepted.**
- If you are unable to register using the methods above, please contact us for other arrangements.

# FINANCIAL ASSISTANCE

- If you are interested in attending our workshops but are in need of financial assistance, please contact our Program Coordinator about possible financial opportunities.

FOR MORE INFORMATION, PLEASE CONTACT THE PROGRAM COORDINATOR AT  
**(304) 372-7860**

# BOWED PSALTERY SYMPHONY

Join us on May 7<sup>th</sup> in our Assembly Hall at 7:00 PM for the 15<sup>th</sup> Annual Bowed Psalterly Symphony. This year's theme is "Appalachian Old-Time Music".



## BASKETRY

### LET'S WEAVE A BASKET: ELAINE SINCLAIR

Students will learn how to set up base, weave the body of basket, and rim the baskets. Different skill levels will be taught. If you're a beginner I have the basket for you. If more advanced weaver I have baskets for you as well. Come join me for some fun.

**Supply Fee:** \$100 fee for week and \$50 for weekend

**Dates:** May 4-8, August 28-30



### RIBBED BASKETS: DEBBIE MARTZALL

Four basic ribbed baskets will be taught and completed. We begin with a small egg basket that will be completed the first day. This teaches the God's Eye and the basics of a ribbed basket. Second, we make a melon basket, then a potato basket (dyed reed may be used as part of this basket). We finish with a larger egg basket. Staining the baskets is optional, stains will be provided (all staining will take place outside).

**Supply Fee:** \$55

**Dates:** August 17-21, September 7-11



## BLACKSMITHING

### INTRO TO BLACKSMITHING: MICHAEL YOUNG

In this weeklong class, the students will be introduced to the fundamentals of forging steel using the hammer and the anvil. Students will learn how to draw out tapers, create small scrolls, twists, and bend iron in order to create hand forged hooks. Students will be introduced to different styles of S-hooks and J-hooks with the goal of creating a three-hook wall mounted coat rack. Student will be encouraged to use their own creativity and design skills to make a coat rack that they will be proud to display and use in their own homes. If time permits, students will also make a steak flipper - just in time for the summer grilling season.

**Supply/Fuel Fee:** \$60

**Date:** April 20-24

**\*\*Must be 16 years and older for all classes\*\***



### FIREPLACE TOOLS: MICHAEL YOUNG

In this weeklong class, students will be introduced to general forging methods as they work on creating a fire poker, ash shovel, and broom. Different handle styles will be explored so that students can use their creativity and their own design skills to create functional tools for use in a fireplace or outdoor fire pit. Because of the advanced nature of these projects, some forging experience will be helpful but not required.

**Supply/Fuel Fee:** \$60

**Date:** October 26-30

**\*\*Must be 16 years and older for all classes\*\***

## CLAY SCULPTING

### FULL BUST CONSTRUCTION & HOLLOWING: SAMANTHA TAYLOR

This immersive clay sculpting class guides students through the complete process of building a full bust from the ground up. Participants will learn how to construct strong armatures, sculpt expressive facial features, and develop realistic proportions while exploring their own artistic voice. Once the form is complete, the class will focus on the essential skill of hollowing the sculpture for safe firing, giving students hands-on experience with structural integrity and professional finishing techniques. By the end of the month, each student will have a fully sculpted, hollowed bust ready for drying and firing.

**Supply Fee:** \$15

**Date:** March 30 - April 3



### TEXTURED TILE SETS: SAMANTHA TAYLOR

This hands-on clay class focuses on designing and sculpting a complete set of custom tiles. Students will learn how to roll, cut, and shape tiles before diving into surface design techniques that bring each piece to life. From carved patterns to sculpted textures, participants will experiment with a range of approaches to create a cohesive yet expressive collection. By the end of the course, each student will leave with 10–15 finished tiles—perfect for display, installation, or future creative projects.

**Supply Fee:** \$15

**Dates:** August 17-21

## CREATIVE WRITING

### POSTCARDS FROM LIFE'S JOURNEY: MAKING A MEMOIR IN SMALL PIECES: COLLEEN ANDERSON

The term “memoir” can seem daunting, but it’s a much more approachable if you think of it as a collection of small, treasured moments and memories from different times in your life. In this workshop, you’ll get ideas and daily prompts to get your creative juices flowing. You’ll hear examples of ways in which other writers have imbued their stories, essays, and poetry with humor, love, and meaning. And you’ll get gentle feedback to help you burnish those memories into shining gems. You’ll be asked to bring a few photos of treasured objects and/or family members.

**Date:** April 20-24

#### All Classes:

**Skill Level:** Beginner to  
Advanced for all classes

**Supply List:** Bring a notebook  
and pen or pencil. If you have  
a laptop or tablet, it will be  
useful for revising, but it’s not  
necessary.



### BODY LANGUAGE: BEHOLDING THE BODY WITH WORDS: COLLEEN ANDERSON

Mary Oliver called the five senses the “five rivers,” and writers know that sense imagery is key to vivid writing. What a rich source of inspiration, then, when we turn our five senses toward the body they inhabit! In this workshop we will discuss several approaches to writing about the human body. We will celebrate the taken-for-granted life forces of breath and heartbeat. We will contemplate the large and small movements of our limbs, fingers, and toes. We will mark milestones: birth, growth, and loss. We will consider body embellishments, from clothing to jewelry to tattoos: What messages do they send, what stories do they tell? Each day will include a selection of poems, essays, and songs to inspire you; a prompt to get you going; and time for discussion.

**Date:** October 26-30

## CROCHETING

### CROCHET AND OTHER NEEDLE CRAFTS: JEANNINE SANDORA



Students will learn basic stitches, abbreviations, types of yarn, combining stitches, and hooks used. From snowflakes to the basic granny square, you'll learn the foundation for making many other crocheted items that can be adapted to as many items as your imagination will take you.

**Supply Fee:** \$25 Each

**Date:** August 28-30

## MUSIC

### OLD TIME FIDDLE: DAVE BING



This class is directed toward intermediate to advanced fiddle players. Students will learn various bowing and fingering techniques, while working on expanding their repertoire. Tunes will be broken down to enable students to concentrate on timing and notes, while showing students the different methods of "attacking" the tune.

**Date:** March 30 - April 3

**For all of Tish Westman's Classes: If you would like to take a class but don't have an instrument, let us know and we will make sure you have a loaner at no charge.**

## MUSIC, CONT.

### AUTOHARP: TISH WESTMAN

Beginner to Advanced. Learn to strum and play melody on the autoharp. Diatonic Key of D. All levels welcome!

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** March 30 - April 3



### BOWED PSALTERY: TISH WESTMAN



Parts and challenges for all levels. The bowed psaltery is one of the easiest instruments to learn. No fingering, just bowing. Its haunting and beautiful sound is somewhat reminiscent to that of a violin. The bowed psaltery is triangular in shape, allowing each string to extend a little farther than the one before it so that each can be individually bowed.

**Skill Level:** Beginner to Advanced

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** August 17-21

### MOUNTAIN DULCIMER: TISH WESTMAN

All levels welcome. You will learn how to play or how to play more efficiently. All about fingering the fretboard...

**Skill Level:** Beginner to Advanced

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** April 20-24



## MUSIC, CONT.

### BOWED PSALTERY & MOUNTAIN DULCIMER: TISH WESTMAN

Ensemble arrangements for all levels and get you ready to play for Christmas events.

**Skill Level:** Beginner to Advanced

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** September 7-11

### UKULELE: TISH WESTMAN

All levels welcome. Learn to strum and play melodies on the Ukulele.

**Skill Level:** Beginner to Advanced

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** August 28-30



### ALL INSTRUMENTS: TISH WESTMAN

Bring them all and let's have a Christmas jam! Learn how to play along and just have some fun...

**Skill Level:** Beginner to Advanced

**Supply Fee:** \$15

**Supplies:** Instrument & Music Stand

**Date:** October 26-30



## NATURAL DYEING

### NATURAL FABRIC DYEING: KATE MCCOMAS

People have always loved wearing different colors. Before the mid 1800's, all dyes were natural dyes, but over the centuries, dyers have experimented with different materials that can be used to dye cotton, linen, silk, and wool. Colorfast dye materials were hard to find and treasured.

Each day, students will explore different materials and fibers, using items found in nature, such as marigold, indigo, walnut hulls, acorns, and more.

This will be a very beginner friendly class. Handouts and videos on natural dyes will be provided. Students are encouraged to bring small amounts of wool yarn from home and/or a clean cotton t-shirt for dyeing. They will go home with five naturally dyed silk scarves, hand dyed antique linen napkins, and cotton fabric swatches.

\*All mordants and materials used in this class are non-toxic and earth friendly.

- Day 1 – Yellow
- Day 2 – Red
- Day 3 – Blue
- Day 4 - Gray, Brown, and Black
- Day 5 - Pattern making with natural dyes

**Supply Fee:** \$125 (Covers the cost of 5 silk scarves, linen napkins, cotton sample cloth, wool roving, and dye materials.)

**Date:** September 7-11



## NEEDLE FELTING

ART OF NEEDLE FELTING: DEBBIE MARTZALL

You will learn the basics of needle felting with wool. The supplies are various gauges of felting needles, felting foam, fiber (mostly wool) and the use of some templates for one or more of the projects. The wool is used as a sculpting medium, just as clay is used! Similar, yet very different... come & learn the fun of needle felting!

**Supply Fee:** \$40

**Dates:** April 20-24, October 26-30



## ORIGAMI

ORIGAMI CONTAINERS AND MORE: COLLEEN ANDERSON

This weekend class will focus on containers made of paper. We'll make envelopes, folders, and holders of all kinds, from very simple wallets to keep business cards or receipts to beautiful modular boxes that are perfect for holding small gifts. We'll also explore creative uses of origami for notecards.

**Supply Fee:** \$5.00

**Date:** August 28-30



## PAINTING

OIL PAINTING: MINIATURE CANVAS EXPLORATIONS:  
SAMANTHA TAYLOR

In this playful and observational oil painting class, students will work on miniature canvases inspired by the world around them. The course begins with short photo walks, encouraging participants to explore the area, capture tiny details, and notice patterns that often go unseen. Back in the studio, students will translate these close-up discoveries into richly detailed miniature paintings, learning techniques for precision, color harmony, and fine brushwork. This class is perfect for painters who want to slow down, look closely, and celebrate the beauty of small things.

**Supply Fee:** \$20

**Supplies:** Brushes (paint and canvas provided)

**Date:** May 4-8



OIL PAINTING: FROGS WITH ODD JOBS: SAMANTHA TAYLOR

This lighthearted oil painting class invites students to paint whimsical scenes of frogs working unusual jobs. Whether it's a frog barista, a frog librarian, or a frog fixing a bicycle, students will explore character design, storytelling, and expressive color choices while building their painting skills. The class balances technical instruction with imaginative freedom, making it a joyful experience for painters who love narrative art, humor, and a bit of creative mischief.

**Supply Fee:** \$20

**Supplies:** Brushes (paint and canvas provided)

**Date:** August 28-30



## PAINTING, CONT.

WATERCOLORS: DEBBIE LESTER

I will show you how to develop a painting from start to finish, emphasis on controlling the medium. Understanding basic watercolor techniques, wet in wet, mixing colors, values, design, the most important elements in a successful painting. Exploring different subject matter, landscapes, florals, still life. I will demo every morning and afternoon, with exercises to help you develop your own style.

**Supply List on Page 15**

**Dates:** September 7-11, October 26-30



## PAINTING, CONT.

WATERCOLORS: JERRE WATKINS

Join our watercolor painting class, perfect for all skill levels. Beginners will learn the color wheel, color mixing, and creating values, along with line drawing and transferring shapes to watercolor paper. Students can follow step-by-step demos or use their own photos. We'll focus on design, working light to dark, and balancing shapes while exploring techniques and surfaces. Advanced students can bring their own references and find inspiration through projects and critiques. Hands-on painting is key, and you'll be amazed at the art produced in five days. Contact Jerre at **304-533-1761** or **jjwatk@aol.com** for supplies.



**Supply List on Page 16**

**Date:** April 20-24

## PHOTOGRAPHY

EXPOSING THE MYSTERIES OF PHOTOGRAPHY:  
MARTIN UNRUE

This workshop will cover all aspects possible of photography techniques and styles, from the very basics to advanced. We will also cover some basic photo editing, through legal issues involving photography and photographers. Whether you are a hobbyist with a cell phone or looking to advance your skills with a professional camera, you'll learn the best methods to produce outstanding quality photographs. Other topics may be covered when requested by the students.

**Date:** August 28-30



## QUILT PRINTS

TRANSFER PAINTING & QUILTING WITH BOTANICAL  
ELEMENTS: TONE HAUGEN-COGBURN

Unleash your creativity by painting on paper like in kindergarten and explore how textures transfer to fabric with heat. This paint offers endless possibilities, different from regular fabric paint. Transfer paints bond with synthetic fibers through heat, achieving watercolor effects or defined shapes. Botanical shapes, like dried leaves, can act as resist shapes, yielding delightful results. On polyester or poly/cotton blends, you'll achieve vibrant colors. Learn to mix paints and experiment with color combinations. Incorporate your transfer-painted fabrics into a wall quilt or a unique table runner and embellish with quilting. Leave with samples for future projects.

**Skill Level:** Confident beginner to advanced

**Supply List on Page 16**

**Supply Fee:** \$35

**Date:** August 17-21



## QUILTING

### PATRIOTIC LOG CABIN: KATHY SCHALLER SAUNDERS

Join us as our country turns 250 years young to make your very own Patriotic Log Cabin Quilt to mark this momentous occasion! Log Cabin quilts have been popular in our country since the Civil War. You will learn different ways to make a Log Cabin block while designing your own personal quilt. You may make the class sample or change the layout to fit your own design with input from Kathy. We will discuss many different Log Cabin layouts and share several photos of these quilts. Kathy will share stories, history and anecdotes of our country after President Lincoln was assassinated and these quilts became all the rage in America!

**Supply List on Page 15**  
**Supply Fee:** \$5 for class notebook  
**Date:** May 4-8



### UPSY DAISY QUILT: JACKIE MILLIKEN



This whimsical quilt is a fun design with alternating high contrast square combinations. There are many combinations to choose from for this design, such as black and white, 1930's, Asians, Batiks, and Florals, or any combination of dark and light materials for contrast. At a finished size of 52" x 72", this makes a lovely wall quilt or gift.

**Supply List on Page 15**  
**Date:** March 30 – April 3

## QUILTING, CONT.

### A THANKFUL HEART: JACKIE MILLIKEN



This fun and easy quilt is a great design for a beginner or any skill level. Whether you want to show your appreciation or honor someone, this lovely quilt is a great way to display your affections.

**Supply List on Page 15**  
**Date:** August 28-30

## STAINED GLASS

### STAINED GLASS: STEPHANIE DANZ

Discover the art of stained glass in this tailored class for all levels. Beginners will learn simple panel creation, design basics, patinas, color selection, and more. Students will learn the Tiffany method, also known as the copper foil method, involving pattern selection, tool use, glass cutting, grinding, foiling, soldering, cleaning, and patina application, ending with a polished finish. Intermediate and advanced students will refine their skills and add some new and different techniques to your repertoire! Drawing on my 37 years of experience, I offer valuable insights to enhance your craft.

**Supplies:** Disposable latex/nitrile gloves, apron recommended

**Supply Fee:** \$120

**Dates:** March 30 – April 3, April 20-24, August 17-21, September 7-11, October 26-30

**\*Must wear closed toes shoes - NO SANDALS**



## SOFT SOLDERING JEWELRY

SOFT SOLDERING JEWELRY: STEPHANIE DANZ

Creative Jewelry—A different approach to creating silver pieces you'll be proud to wear! We'll experiment with lead free solder using our imagination to create one-of-a-kind pieces of jewelry! It will be a fun class exploring and stretching our imagination. Earrings, a pendant, and more on the horizon!

**Supply Fee:** \$80

**Date:** May 4-8



## TINSMITHING

TINSMITHING: JEFF LEISTER

Using patterns and techniques of the tinsmiths from the 1800s, students will learn to bead, form, fold, pierce, and solder tin to create useful objects, such as cups, wall sconces, cookie cutters, and pierced panels. Advanced students may make items such as coffee pots, and lanterns. Also covered will be the history of tinsmithing, pattern making, and design.

**Supply List:** Non-serrated tin snips, scratch awl, 12" ruler with 1/16 gradations, and cotton gloves.

**Supply Fee:** \$30

**Dates:** August 17-21, September 7-11, October 26-30

**\*\*Must be 16 years and older\*\***



## WOODCARVING

WOODCARVING: BOB BARRIS

This class caters to students of all skill levels, from beginners to advanced, with no prior experience required. Students can choose projects on various subjects like animals, birds, humans, and caricatures, utilizing different wood types such as basswood and walnut. Carving is done with hand tools, and students can either bring their own or use those provided by the instructor. The curriculum covers wood grain understanding, tool maintenance, and project finishing techniques. Each student progresses at their own pace.

**Supply Fee:** \$4-\$10 per project

**Dates:** September 7-11, October 26-30



## WOODTURNING

WOODTURNING: LARRY WEESE JR. & HARRY NEWMAN

Join this hands-on woodturning class for beginner to advanced students, tailored to individual skill levels. Learn from professional woodturners about safety, lathe operation, tools, wood selection, and more. Students should bring safety glasses, dust masks, and an old shirt.

**Supply Fee:** \$65

**Dates:** March 30 - April 3, April 20-24, May 4-8, August 17-21, September 7-11, October 26-30



## SUPPLY LISTS

### PATRIOTIC LOG CABIN: KATHY SAUNDERS

#### SUPPLY LIST:

- Sewing machine in good working order that you know how to use and troubleshoot (bring machine manual)
- 1/4" machine foot for piecing, open toe foot if you are appliquéing your center block.
- Sewing machine needles, I use mostly "Jeans" 80/12, but bring what you like to use.
- Rotary Equipment: Matt, rulers, cutter.
  - \*Important—Highly recommended cutting ruler to bring:
- Creative Grids 10" Log Cabin Trim Tool Duo (See note below.)
- Personal sewing supplies (ripper, scissors, other items you like to use when sewing, etc.)
- Thread, preferred for piecing is 50 or 60 wt cotton. If appliquéing, bring some matching thread to the piece you will be appliqué. (Note: I appliquéed my eagle in the center and will have pattern, but you may bring a pre-printed center square with a patriotic theme. There are lots of them out there! Stick with something 20" or less if you are buying a pre-printed block.)

#### FABRIC LIST:

- While I cannot give you exact fabric amounts as I made mine very scrappy, please bring at least fat quarter pieces. I started with a fat quarter bundle of Primitive Gatherings Patriotic fabrics and then added more out of my stash. I also added a gold solid for my sashing rounds.
- I will have other choices for log cabin layouts in your notebook. If you DO NOT want to be scrappy at all and wish to use the same fabrics throughout, please bring a few yards of your reds, blues and light.
- An outside border is optional and we will discuss. My quilt without a border is 56" square.
- \*Optional, lightweight fusible to use for appliqué in center if you are making your own.
- **NOTE:** This Creative Grids ruler is amazing for accuracy. You can do block sizes from 4" to 10" with it. I will help you with trimming rounds in your blocks without it, but you will be thrilled with the accuracy. Make sure you buy the "Duo" as it gives you both 1/2" logs and 1" logs.
- \$5.00 for the class notebook
- Kathy Saunders - kquilt53@yahoo.com

### A THANKFUL HEART QUILT: JACKIE MILLIKEN

#### FABRIC SUPPLIES:

- 2 3/8 yards for units and background
- 1 yard each used in units
- 1 yd 1st color
- 1 yd 2nd color
- 1 yd 3rd color
- 1 1/4 (I used a stripe fabric) for units and binding
- 1/2 yd for appliqué (heart).
- 1/2 yd 1st border
- 1 1/4 yds 2nd border
- Template material
- 5 1/4 yds backing fabric
- 67" by 95" batting

## SUPPLY LISTS

### UPSY DAISY QUILT: JACKIE MILLIKEN

#### FABRIC SUPPLIES:

- 6" x 18" rectangle of 24 white on black fabrics
- 6" x 18" rectangle of 24 black on white fabrics
- Note: May repeat fabrics to reduce # if needed
- 1/2 yard green for stems
- 1/4 yard different green for leaves
- 4-1/8" yards each of different bright colored fabrics for accent inner border and flower centers
- 2 yards inner border and outer border
- 1/2 yard binding
- 3-1/4 yards backing

#### ADDITIONAL SUPPLIES:

- Fusible Web
- Template Plastic
- 1/4" bias tape maker or purchased bias
- Machine embroidery thread to match applique
- 12-1/2" square ruler
- 4mm double machine needle (optional)
- Basting glue (Roxanne)

### WATERCOLORS: DEBBIE LESTER

#### SUPPLIES:

- I like Winsor & Newton paint.
- Ultramarine Blue
- Antwerp Blue
- Gamboge Yellow
- Indian Yellow
- Raw Sienna
- Burnt Sienna
- Permanent Rose
- Alizarin Crimson
- If you have similar colors, you can use those.

#### BRUSHES:

- Wash brush synthetic bristles approx. 1-1/2 to 2" wide
- Synthetic flat brush approximately 3/4" wide
- Round brush #8
- Rigger, long bristles for details approximately 1" long

#### PAPER:

- You need good quality paper. Those compressed pads you can get are only for color mixing and practice. I like Arches but there are good papers like Saunders, Fabriano, Kilimanjaro, Windsor & Newton. 140 lb cold press is what I use mostly. Some recommendations are Jerry's Artarama and Dick Blick.
- A palette for your paint, large enough to mix colors, paper towels, sponge, water container, masking fluid.
- I will be bringing extra supplies in case you don't have everything.

## SUPPLY LISTS

### WATERCOLORS: JERRE WATKINS

These are recommended supplies. You are welcome to use others also.

1. **PALETTE:** Plastic with lid for mixing (not too small). You need room for mixing colors. Mine is about 10 x 14. If you need a temporary palette or extra room, I will have egg cartons.
2. **PAPER:** The best is all rag such as Arches 140 lb hot press or cold press. Bring at least 4 full sheets (22 x 30) We cut these down to quarter sheets (15 x 11). If you bring a pad of paper, about this size is fine. You need drawing paper the same size as WC paper.
3. **PAINT - IMPORTANT!**– Everyone needs the basic colors in good artists paint (Not Student Grade)
  - o 3 PRIMARY COLORS: PERMANENT ROSE, AUREOLIN YELLOW, COBALT BLUE
  - o 4 DARK COLORS: ALIZERINE CRIMSON, PHTHALO BLUE, PHTHALO GREEN, ULTRAMARINE BLUE
  - o 3 SEMI TRANSPARENT COLORS: QUINACRIDONE GOLD, SAP GREEN, PERMANENT RED
  - o ( If you do not have any supplies, I can provide them for you for the week if you let me know ahead of time. Cost should be about \$25.)
4. **BRUSHES** – White nylon for watercolor or other. You need several round sizes such as #6, 8, or 10. I use 1 inch a lot flats and 1 & 1/2 inch flat if you have it.
  - o 2 plastic water containers
  - o paper towels
  - o 1 flat kitchen sponge
  - o natural sponge
  - o 1 spray bottle
  - o pencils and a sharpie marker
  - o Any other art materials you like to use such as colored pencils, pastels, wc crayons etc.
5. **HARD NON-POROUS BOARD** such as plexi or gator or coated Masonite. Board should be a little larger than your paper. Do not use uncoated masonite. It absorbs the water. Anything you need to borrow, let me know. I have extra of most things.
6. Bring reference pictures, magazines, and photos that you can use for subject matter.

## SUPPLY LISTS

### QUILT PRINTS: TONE HAUGEN-COGBURN, CONT.

- **BEFORE CLASS** - The transfer paint technique lends itself very nicely to botanical shapes, like leaves, straws, ferns etc. Early fall is a perfect time to collect these from outside. When you see some that you like, place them inside a newspaper and put something heavy on top for pressure. Leave it for a few days to press all moisture out. This gives you a very flat and dry shape to work with. Keep these in a folder and bring to the workshop. Needless to say, I have a large collection to bring and share, just in case you don't have the opportunity to collect your own.
- **IRON** - If you have one of the old irons without steam holes, please bring it. The old irons get a lot hotter than the new thermostat regulated irons, and this extra heat is great for transfer paints (sometimes you can find them at garage sales or flea markets). If you are unable to bring that style, a modern iron will suffice.
- **SEWING MACHINE** in good working order. Must be able to lower feed dogs and attach free motion or embroidery foot (also called darning foot).

#### PLEASE BRING THE FOLLOWING:

- Rotary cutter
- Ruler (6"x12")
- Cutting mat
- Machine threads, neutrals for piecing, and embroidery threads – shiny, decorative, variegated, anything you like for quilting.
- Ironing mat that can handle high heat for pressing fabrics/papers. For example, the June Taylor Pressing Mats work well.
- 100 sheets of copy paper (cheap paper works best)
- Roll of paper towels.
- Rubber gloves (Good quality latex gloves will also work. We are using dye, so it can stain your hands if they are unprotected.)
- Painter's mask (to use when mixing dye powder, the simple white kind is fine)
- Old shirt or apron to protect your clothes
- 8 small containers with lids ( 1 cup size works well. The paint is thin liquid, so make sure the lids close tight. You will most likely not use all the paint you mix, the rest you will take home and use later.
- Scissors for both paper and fabric.
- 3 yards of polyester or polyester/cotton blend fabric --white or light-colored. The more polyester that is in the fabric, the better color you will get when you transfer. Try to bring fabric with at least 50% polyester content. It is hard to tell how much fabric you will use, and it is easy to get carried away with this technique, but around 3 yards should be plenty. Also think about bringing other synthetic fabrics you have to experiment on. Most fabrics that can take high heat can be used, but fabrics with nylon in them will not work as they can melt. ("Weaver's Cloth" is a poly/cotton blend fabric which is very good to work with. I will bring some yardage for sale if you cannot find it, cost is \$10 per yard).
- 3 yards lightweight fusible interfacing (non woven)
- For a wall hanging, you will need fabric for sashing and borders. Bring some ½ yard pieces of fairly plain fabric, low contrast, dark plaid, dark solids, etc. Your transfer pieces will be busy and multi-colored, so your sashings need to be calmer for an appropriate frame.
- A few yard pieces for backings.
- A craft size low loft batting, cotton or cotton/poly mix.
- 100 safety pins for basting.



# FOLK ART AT THE LAKES

## 2026 Registration Form



Date of Registration: \_\_\_\_\_

STUDENT INFORMATION	
Full Name	
Address	
Email	Phone
Special Accommodations/Dietary	

COURSE INFORMATION	
Course Name	Course Date
Craft Experience	

LODGING INFORMATION					
Name of Roommate					
	Commuting	Week	\$254.40	Weekend	\$159.00
	Dormitory	Week	\$477.00	Weekend	\$241.68
	Semi-Private Holt Lodge	Week	\$630.70	Weekend	\$303.16
	Private Holt Lodge	Week	\$879.80	Weekend	\$402.80
	Mountaineer (Old Time Fiddle)	Private	\$832.10	Semi-Private	\$606.85

COMMUTER MEALS																			
Breakfast (\$7.95)					Lunch (\$9.01)					Dinner (\$10.60)									
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F
S																			

Signature \_\_\_\_\_

FOR ADMINISTRATIVE USE ONLY			
Leader Res #	\$100 Deposit Paid	Yes	
Reservation #	Paid in Full	Yes	
Entered Into RDP By			

<p><b>304-372-7860</b></p> <p><a href="http://www.cedarlakes.com">www.cedarlakes.com</a></p> <p><a href="mailto:cedarlakesinfo@wvda.us">cedarlakesinfo@wvda.us</a></p>	<p><b>Please make checks payable to</b></p> <p>Cedar Lakes Conference Center</p> <p>82 FFA Drive</p> <p>Ripley, WV 25271</p>
--	--

Cedar Lakes Conference Center  
82 FFA Drive  
Ripley, WV 25271



**CEDAR LAKES**  
CONFERENCE CENTER

*At The Lakes*

**JOIN OUR EMAIL LIST!**

Register on our website

304-372-7860

[cedarlakesinfo@wvda.us](mailto:cedarlakesinfo@wvda.us)

[www.cedarlakes.com](http://www.cedarlakes.com)



West Virginia Department of Agriculture  
Kent Leonhardt, Commissioner